

Weekly Meal Plan

December 10th - December 16th

	MONDAY – 10th	TUESDAY – 11th	WEDNESDAY – 12th	THURSDAY – 13th	FRIDAY – 14th	SATURDAY – 15th	SUNDAY – 16th
B R E A K F A S T	Hard Boiled Eggs with bacon, fruit cup, and a piece of toast. <u>Alternative:</u> Hot Brown Sugar Oatmeal with bacon, and a fruit cup with Toast & Jelly	Scrambled Eggs, and Hash Browns with Yogurt cup & Toast with Jelly <u>Alternative:</u> Cold Cereal with a Yogurt cup, Toast and Jelly	French toast and Syrup with a Grilled Ham Steak <u>Alternative:</u> Hot Brown Sugar Oatmeal, Toast and Jelly with a Fruit Cup	Farmers Breakfast Casserole with Sausage Links and Toast with Jelly <u>Alternative:</u> Cold Cereal with Sausage Links and Toast with Jelly	Chefs Choice <u>Alternative:</u> Chefs Choice	Buttermilk Pancakes with Sausage Patties and Yogurt cup <u>Alternative:</u> Cold Cereal with Yogurt cup and Toast	Cheese Omelet with Bacon and Toast and Jelly <u>Alternative:</u> Hot Brown Sugar Oatmeal with Bacon and Toast & Jelly
L U N C H	Homestyle Beef Pot Roast with carrots and Potatoes and Dinner Roll <u>Alternative:</u> Quiche with a Fruit Cup	Chicken Chow Mein with Egg Roll <u>Alternative:</u> Baked Potato with Bacon and cheese and Side Salad	Pasta Primavera with a Breadstick and Side Garden Salad <u>Alternative:</u> Quiche with a Fruit Cup	Glazed Brown Sugar Ham with Sweet Potato Bake and Green Beans <u>Alternative:</u> Baked Potato with Bacon and Cheese and a Fruit Cup	Chefs Choice <u>Alternative:</u> Chefs Choice	Chicken Fajitas with Mexican Rice <u>Alternative:</u> Baked Potato with Bacon and Cheese with a Fruit Cup	BBQ Chicken with Fried Potatoes with Buttered Corn <u>Alternative:</u> Quiche with a Fruit Cup
D I N N E R	Chili Dogs with chips and a Pickle <u>Alternative:</u> Egg Salad Sandwich with Chips and a Pickle	Pepperoni, Ham and Cheese Stromboli with a side Salad <u>Alternative:</u> Ham & Cheddar Sandwich served with Macaroni Salad	Grilled Bacon and Cheese Sandwich with Tomato Soup <u>Alternative:</u> Egg Salad Sandwich with Potato chips and Pickle	Chicken Pot Pie Soup with orange Blossom Muffin <u>Alternative:</u> Ham & Cheddar Sandwich served Macaroni Salad	Chefs Choice <u>Alternative:</u> Chefs Choice	Sloppy Joes with Tater Tots <u>Alternative:</u> Ham & Cheddar Sandwich served with Macaroni Salad	Tuna Salad on a Croissant with Turkey Rice Soup <u>Alternative:</u> Egg Salad Sandwich with Potato Chips and Pickle

Menu is subject to change at any time-